



Brunch & Lunch Menu please order at the counter:

Creamy Mushrooms & Bacon *GFA, VA* 25.00
Thinly sliced mushrooms and spring onions in a cream sauce, served with bacon on wholegrain toast.

Eggs Benedict *GFA* 23.50
cold smoked salmon. or bacon.

Meshino Breakfast *GFA, DFA* 28.00
Eggs, bacon, tomato, hash brown, mushrooms and pork sausage, served with toast.

Hot Cakes 22.50
Bacon, banana and maple syrup.

The European *GFA, DFA, VA* 24.50
Toasted ciabatta, with mushrooms, haloumi, avocado mousse, poached eggs & dukkha with an old english sausage.

Eggs on Toast with Bacon *GFA, DFA* 17.50
With wholegrain toast, eggs cooked to your liking and streaky bacon.

Paleo Granola *GF, DFA* 17.00
Homemade finished with prunes, chai seeds and berry compote With -your choice of either: Coconut or natural yoghurt.

Mince on Toast *GFA* 25.50
Savoury beef mince served on super grain toast topped with a poached egg and parmesan cheese, drizzled with truffle oil.

Omelette: *GF DFA* 25.00

Served with toasted ciabatta

Choose one of the following:

- Ham, gruyere and chives.
- Spinach, mushroom thyme & cream cheese.

Soup of the day *t/a* 15.00 Or 17.50

Daily seasonal soup served with toasted ciabatta.

Join the ,meshino soup club 7th soup is free.

Vanila Chai porridge 17.50

With either cream or coconut yogurt sliced banana brown or coconut sugar.

Bacon butty 23.00

Wholegrain bread hash brown fried egg bacon swiss cheese and relish with a side of fries.

Sides:

Bacon, Smoked Salmon, Sausages, 2x eggs \$8
Avocado, Spinach, Tomato, Haloumi, Hollandaise, the list is endless from. \$6

Any special allergy or dietary requirements please inform the Cafe staff and we will endeavour to meet your needs most of our meals can be substituted to gluten free.

All meals may contain and/or come into contact with various allergens including nuts, seafood, gluten & dairy products.

Sides are available at an extra cost please ask a staff member for pricing

GFA- gluten free available DF- dairy free
DFA-dairy free available VG- vegetarian
GF – gluten free V A- Vegan available

Bagels

-Jam and cream cheese.	10.00
-Vegan Basil pesto and cream cheese.	11.50
-Smoked salmon fresh spinach and crispy capers and cream cheese.	16.50
-Bacon, avocado mousse, tomato and Cream cheese.	18.50

Kids Menu

\$16.00



-Ham and cheese toasty with a hash brown.

-Baby bacon benedict.

-Jam, cream cheese bagel.

-Hot cakes with bacon and banana.

All kids' meals come with either:

- Kid's juice
- Kids hot chocolate
- Fluffy
- Kids Milkshake

All savoury cabinet items are 16.50 with salad or 11.00 without salad

Meshino supports great New Zealand small and local business's. We like to give special thanks to our great suppliers: Allpress coffee, T leaf T, Ewings Eggs, gumboot tea Good Honest breads, South coast hydroponics, Pegasus Bay family winery. to name a few.

Meshino Catering available.

1 Stark Drive ,Wigram, Ch Ch Ph:022 094 0956
Or: 260 2345

75 Rutland Street, St. Albans, ChCh. Ph.: 027 924 3110 Or 3552449

www.meshino.co.nz
meshcafe@xtra.co.nz

“Attention Caitlin for all your catering needs”

Drinks List



See the coke Fridge
 “stocked with the classics”

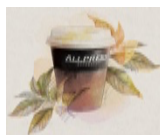
Milk Shakes: 8.00
 Raspberry, Banana, Creaming soda,
 Spearmint Or Chocolate
 (Made with vanilla ice cream,
 milkshake syrup, milk)

Iced Drinks: 10.00
 Iced Chocolate
 Iced Mocha
 Iced Coffee
 (all made with cream and ice cream)

Iced Americana 7.00
 Iced Chai
 Iced Latte

(OVER ICE, dairy free options available
 on request oat, almond, soy or coconut
 add \$1.50)

Allpress Coffee



All coffees:
 -Small 5.70
 -Regular 5.80
 -Large 5.90
 -Extra Large 7.50

All coffees are double shot and served Large
 unless requested.

Shott Syrups, vanilla, caramel and hazelnut,
 Allpress De café,
 Alternative milks available Oat, Soy, Coconut and
 Almond all extra is \$1.50 extra

T Leaf T -tea for One 6.00
 -tea for Two 8.00

-Berryliouis
 -Chamomile
 -Tokyo lime green tea
 -Sencha green tea
 -English breakfast
 -Peppermint
 -Earl Grey
 -Lemon sorbet



Smoothies 10.00

Our smoothies are made to order no syrups here!!

Freeze Berry DFA
 Berries, apple juice, honey and natural
 yoghurt.

Classic Banana DFA
 Natural yoghurt milk and banana.

Tropicana Smoothie DFA
 Peach, mango, passion fruit, apple juice.

(All smoothies are gluten free and
 you can change the milk to either,
 oat, almond, soy or coconut or
 yoghurt to coconut yoghurt)