

*Brunch & Lunch Menu please order  
to at the counter:*

**Creamy Mushrooms & Bacon** *GFA, VA* 25.50  
Thinly sliced mushrooms and spring onions in a cream sauce, served with bacon on wholegrain toast.

**Eggs Benedict** *GFA* 24.50  
cold smoked salmon.  
or bacon.

**Meshino Breakfast** *GFA, DFA* 28.00  
Eggs, bacon, tomato, hash brown, mushrooms  
And pork sausage, served with toast.

**Hot Cakes**  
Either: **Berry Compote** with natural or 24.00  
**Coconut yoghurt.**  
Or: **Bacon, banana and maple syrup.**

**The European** *GFA, DFA, VA* 23.50  
Toasted ciabatta, with mushrooms, haloumi,  
avocado mousse, poached eggs & dukkah.  
-Add a side see menu priced below.

**Smoked Fish Potato Cakes** *GF* 26.50  
Served with spinach two poached eggs  
and hollandaise.

**Eggs on toast** *GFA DFA* 15.50  
With wholegrain toast, eggs cooked to your liking.

**Paleo Granola** *GF, DFA* 18.00  
Homemade finished with prunes, chai seeds and  
fresh fruit. With -your choice of either: Coconut or  
natural yoghurt.

**Livers and Bacon** *GFA* 25.50  
Pan-fried livers in a rich jus served on toast and  
topped with streaky bacon.

**Corn Beef Hash** *GF* 25.50  
Served with spinach poached egg and hollandaise.

**Mince on Toast** *GFA* 26.50  
Savoury beef mince served on super grain toast  
Topped with a poached egg and parmesan cheese,  
drizzled with truffle oil.



**Omelette:** *GF DFA* 23.00

Choose one of the following:

- Ham, gruyere and chives.
- Spinach, mushroom thyme & cream cheese.

Add a side of toast for \$4.00

**Seafood Chowder** 26.50

Meshino's famous chowder full of seafood smoked salmon in a rich and creamy velouté served with toasted ciabatta.

**Soup of the day** 17.50

Daily seasonal soup served with toasted ciabatta.

**Vietnamese Chicken Salad** *GF DF* 24.00

Shredded chicken with crunchy salad vegetables,  
Toasted peanuts & crispy shallots, glass noodles  
And a refreshing Vietnamese style dressing.

**Today's: FISH** *GF, DFA* 27.50

Today's fish pan fried served over a medley of saffron dressed roasted roots topped with basil pesto.

**Sides:**

Bacon, Smoked Salmon, Sausages, 2x eggs \$8,  
Avocado, Spinach, Tomato, Haloumi, Hollandaise,  
the list is endless from. \$6.

*Any special allergy or dietary requirements please inform the Cafe staff and we will endeavour to meet your needs most of our meals can be substituted to gluten free.*

All meals may contain and/or come into contact with various allergens including nuts, seafood, gluten & dairy products.

Sides are available at an extra cost please ask a staff member for pricing

GFA- gluten free available DF- dairy free  
DFA-dairy free available VG- vegetarian  
GF – gluten free V A- Vegan available

**Bagels**

- Jam and cream cheese. 10.00
- Basil pesto and cream cheese. 11.50
- Smoked salmon and caper cream cheese. 17.50
- Bacon, avocado mousse, tomato and Cream cheese. 18.50

*Kids Menu*

**\$16.00**



-Ham and cheese toasty with a hash brown.

-Baby bacon benedict.

-Jam, cream cheese bagel.

-Hot cakes with bacon and banana.

*All kids' meals come with either:*

- Kid's juice
- Kids hot chocolate
- Fluffy
- Kids Milkshake

**All savoury cabinet items are 16.50 with garden salad and meshino relish.**

Meshino supports great New Zealand small and local business's. We like to give special thanks to our great suppliers: Allpress coffee, T leaf T, Ewings Eggs, South coast hydroponics, Pegasus Bay family winery. to name a few.

**Meshino Catering available.**

75 Rutland Street, St. Albans, ChCh. Ph.: 3552449

# Drinks List

Freshly squeezed in our own ZUMEX  
Orange Juice

POA

## most™ Organic Juice

- Apple & Feijoa
- Apple & Guava
- Apple & Peach
- Sparkling Apple and Black current
- Kombucha
- Coke classic
- Coke no sugar
- Sprite Classic
- Schweppes Lemon Lime & Bitter
- Schweppes Old fashioned Lemonade
- Schweppes Spiced Ginger Beer
- Black berry and apple kids drink

## Iced Drinks

Raspberry, Banana, Creaming soda, Spearmint **7.50**  
Or Chocolate  
(Made with vanilla ice cream, milkshake syrup, milk)

Iced Chocolate, Iced Mocha, Iced Coffee **10.00**  
(all made with cream and ice cream)

Iced Americana, Iced Chai, Iced Latte **8.00**  
(OVER ICE, Dairy standard, dairy free options available  
on request oat, almond, soy or coconut add \$1)



## Allpress Coffee

Please see coffee board for options

All coffees: regular 5.80, Large 6.00, Xtra Large  
takeaway only 7.50

All coffees are double shot and served Large  
unless requested.

We use King Chai Powder and Shott Syrups, vanilla,  
caramel and hazelnut, Allpress De cafe  
Alternative milks available Oat, Soy, Coconut and  
almond all \$1.50 extra

T Leaf T – tea for one \$6 Tea for Two \$8



- Berrillious -Chamomile -Tokyo lime Green tea-
- English breakfast -Peppermint -Sencha green tea
- Earl Grey -Lemon sorbet.

## Smoothies

10.00

Our smoothies are made to order no syrups here!!

### Freeze berry DFA

Berries, apple juice, honey and natural yoghurt.

### Classic Banana DFA

Natural yoghurt milk and banana.

### Tropicana Smoothie DFA

Peach, mango, passion fruit, apple juice.

(All smoothies are gluten free and you can change the  
milk to either, oat, almond, soy or coconut extra \$1.00 or  
yoghurt to coconut yoghurt)

## Wines

BTL \$42.00 GLS \$12.50

### BUBBLES:

|  |       |
|--|-------|
| We like to vary our bubbles 750ml          | 32.00 |
| Brut 200ml                                 | 14.50 |
| Prosecco 200ml                             | 14.50 |
| Mimosa (baby bubbles & fresh orange juice) | 20.00 |

### Main Divide Pinot Noir:

Ripe, Sweet Plum notes with an edge of complexity  
On the nose the palate is rich and round supported  
By fine grain tannins.

### Pegasus Bay Pinot Noir:

Delicious bright red berry and savoury aromas. Lovely soft  
palate of raspberry and redcurrant flavours with a hint of  
thyme.

### Pegasus Bay Cabernet Franc:

The colour is deep carmine, its bouquet of bright red fruit,  
violet a whisp of morning dew. Soft inviting with plush  
tannins, while mouth filling and well weighted. This is a  
delicate yet intricate wine.

### Main Divide Cabernet /Merlot:

Classic blend, the merlot gives sweet raspberry fruit  
flavours while the cabernet gives structure and  
strength with a wild blackcurrant character.

### Main Divide ROSE:

This rose is free run juice from a unique assemblage  
of varieties chosen to complement one another to  
give a dry and fragrant and finely textured finish.

### Main Divide Sauvignon Blanc:

Enjoy this elegant sauvignon for its vibrant  
aromatics, Fine balance and lingering finish.

### Main Divide Chardonnay:

Pear, nougat and toasted hazelnut textured like a  
Fine edge of dusk, with vanilla, crisp crust and  
Gentle creaminess.

### Main Divide Pinot Gris:

Aromas of pear and stone fruit with a hint of spice,  
Crafted in the Italian style.

### Main Divide Riesling:

Lime sorbet and juicy green apples on this lifted and  
Appealing wine, together with flavours of dried  
apricots Spices and mango adding to its overall  
exotic nature.

### CIDER:

10.00

### BEERS:

From 11.00

Corona

Heineken 0%

Shandy (sprite and Corona)

15.00

**Non-alcoholic beverage available and  
water at all times**